



## TREATMENT OF ALLERGIC RHINITIS

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### Objective:

Allergic rhinitis is a common condition in more than 20% of population. Particular attention is given to reviewing principles that will aid the treatment of this disease from a practical point of view, and latest evidence for the various pharmacological options. Treatment of allergic rhinitis should be of interest to otolaryngologists as well as allergists, pulmonologists and family practitioners. Today the



major therapeutic option for first line therapy in allergic rhinitis are intranasal glucocorticoids, intranasal antihistamines with glucocorticoids and oral antihistamines. Topical glucocorticoids are the most effective pharmacotherapeutical option available in the treatment of allergic rhinitis.